



2019

Athlete Guide

Race Welcome

Thank you for joining us for the 33rd year of the Baton Rouge Turkey Trot! We have partnered with the March of Dimes to continue to bring you an excellent event as well as a positive impact on our community. We wish you and your family a wonderful Thanksgiving and look forward to seeing you on race morning!

FRESHJUNKIE RACING TEAM

The Official Event Schedule

PACKET PICK-UP

PRE-RACE: Date: Wednesday, November 27, 2019

Location: DICKS' Sporting Goods – 9330 Mall of Louisiana Blvd Suite 200, Baton Rouge, LA 70809

Time: 10am to 6pm

RACE DAY: Packet Pick-up

Date: Thursday, November 28nd, 2019

Location: Convention St. and N 4th Street, Downtown Baton Rouge, LA

Time: 6am to 7:15am

RACE DAY INFO

Race Start Times: 1 Mile Fun Run starts at 7:30am; 5K starts at 8:00am

Location: Corner of N 4th Street and Convention Street in Downtown Baton Rouge

Pics with Santa

Santa will once again be at the finish line so be sure to stop and have your picture taken with your family and friends.



Packet Pick Up Information

Every participant in the event will receive a confirmation email with your race bib number. Please bring your bib number and a photo ID with you to pick up your packet. Participants will be picking up their bibs by their assigned bib number instead of last name so be sure to look for the email with your bib number. We will also have a large sign with everyone's name and bib number on it at packet pickup in case you need to look up your bib number again.

You CAN pick up bibs for other participants. In order to do this you MUST HAVE a copy of their photo ID OR a copy of their registration confirmation, as well as their bib number. Digital copies (your cell phone screen) are allowed. This can ONLY BE DONE on Wednesday.



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Turkey Trot Baton Rouge

November 27th, 2019

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Baton Rouge Turkey Trot Course Map



Post Race & Awards

Celebrating its 33rd year, the Turkey Trot returns to Downtown Baton Rouge on the morning of Thanksgiving 2019. This race is a local thanksgiving tradition that serves the community by keeping them active and fit through racing and by partnering with the March of Dimes as a fund-raiser to help their organization both financially and by spreading the word about the work they do.

This race is being scored utilizing MyLaps BibTag technology. Your timing tag is on the back of your bib. Please do not fold, bend or remove it.

The top two finishers in the 5K will receive awards in the following categories:

- Overall Male and Female
- Masters (40+) male and female
- Grand Masters (50+) male and female

Top Finishers will receive a Baton Rouge Turkey Trot commemorative cooking apron to help you prep your Thanksgiving fest in style. Awards will be distributed by 9:30am on race day. You must be present to claim your award. They will not be shipped after the event.

Results will be posted online at turkeytrotbr.com/results

Thank You Sponsors

Great Partners Make Great Races! We are thankful to our sponsors for supporting our event as well as our runners.

Next Up

If you are looking for your next race. Check out the races listed below. FRESHJUNKIE Racing produces 15 great events each year with a variety of distances from which to choose.





RACE CALENDAR 2019 - 2020

| | |
|-----------------------------------|----------------------|
| ST. JUDE CHILDREN'S WALK/RUN | SEPTEMBER 28, 2019 |
| NORTSHORE HALF MARATHON | OCTOBER 27, 2019 |
| BATTLESHIP 12K | NOVEMBER 17, 2019 |
| BATON ROUGE TURKEY TROT | NOVEMBER 28, 2019 |
| ST. TAMMANY TURKEY TROT | NOVEMBER 28, 2019 |
| TIGER 10K | DECEMBER 8, 2019 |
| MISSISSIPPI GULF COAST MARATHON | DECEMBER 14-15, 2019 |
| LOUISIANA MARATHON | JANUARY 18-19, 2020 |
| MARDI GRAS MAMBO | FEBRUARY 8, 2020 |
| SKYWAY 10K | MARCH 1, 2020 |
| OUR LADY OF THE LAKE AMAZING HALF | MARCH 7, 2020 |
| TUSCALOOSA HALF MARATHON | MARCH 28, 2020 |
| HUEY P BRIDGE RUN | MAY 9, 2020 |
| CRAWFISHMAN TRIATHLON | MAY 17, 2020 |
| INDIAN CREEK TRIATHLON | JUNE 14, 2020 |

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BY ATHLETES